



***"The support was
there to help
me move on..."***

We can really help - talk about it

Tayside Substance Misuse Service

Tayside Drug Problem Service

01382 424501

Tayside Alcohol Problem Service

Dundee **01382 424501**

Angus: **01307 534820**

Perth & Kinross: **01738 642170**

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Tayside Council on Alcohol

0845 072 0190

enquiries@alcoholtayside.com

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ADDACTION

Dundee Direct Access Service

01382 206888

dundeedirectaccess@addaction.org.uk

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For more information about substance misuse services in Tayside visit:

www.ddaf.co.uk

Let's talk about it - we're here to help

Angus Women's Aid

01241 439457

info@anguswomensaid.co.uk

Dundee Women's Aid

01382 202525

dwa@dundeewomensaid.co.uk

Perth Women's Aid

01738 639043

contactus@perthwomensaid.co.uk

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Social Work Drug & Alcohol Team

Dundee: **01382 307570**

Angus: **01307 461460**

Perth & Kinross: **01738 444443**

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24 hour Domestic Abuse Helpline

0800 027 1234

