



Domestic violence affects men too

Talk it over

Not sure what to do?

Call the Men's Advice Line and talk it over.

0808 801 0327

info@mensadvice.org.uk

www.mensadvice.org.uk

Monday-Friday 10am to 1pm and 2pm to 5pm

Calls are confidential. We do not use technology to identify callers, listening-in or call recording equipment. Calls may be monitored for quality and training purposes.

Visit www.mensadvice.org.uk for more info.

Calls to this number are free from landlines and most mobiles.



If English is not your first language,
call us and ask for an interpreter

Text Relay



Men's Advice Line