

STAY SAFE

TRAVEL

SAFETY TIPS / ADVICE

This leaflet includes safety information about the following:

- Travel by car**
- Travel by public transport**
- Travel by taxi**
- Travel on foot**



Travel by Car

- Carry a map - this avoids having to stop to ask directions
 - Always ensure your car is in good working order and has enough fuel / oil / water in it
 - PLAN your journey and let someone know where and when you are going
 - Lock your doors when travelling alone especially through unfamiliar areas
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- Put bags etc out of sight in the footwell whilst travelling
 - Do not leave personal possessions on show
 - If you use a SatNav system you need to remove the whole system, ie. the screen, any bracket and wipe marks off windscreens
 - Always park in well lit areas
 - Reverse into the space
 - Carry your car keys in a pocket
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- Do not put keys in a handbag - it delays you having to find them
 - Carry a personal attack alarm either on your key ring or in the car



SAFETY NUMBERS

- Tayside Police Emergency 112 or 999
- Tayside Police Bell Street.....01382 223200
- Crimestoppers0800 555 111
- Womens Aid01382 202525
- Womens Rape & Sexual Abuse Centre.....01382 210291
- Barnardos Domestic Abuse Helpline...01382 596866
- Community Safety Wardens.....01382 436333
- Anti-Social Behaviour0800 1693845



Travel by Public Transport

- Avoid isolated stops if possible
- On buses sit as near the driver as possible
- On trains try to sit near others
- Carry a charged, topped up, mobile phone
- Have your money / ticket in a pocket. this avoids having to open a bag / purse
- **Stay Alert** - don't make long text messages, calls, or listen to loud music. You can't hear people approaching



Travel by Taxi

- Use a licensed taxi number - put the number in your mobile
- Have enough money available
- Sit in the back
- Don't share unless you know the person with you
- Plan - try and book a taxi in advance
- Take a note of the license / registration number

Travel on Foot

- Plan your route and avoid short cuts
- Make sure any handbags are carried either over your shoulder or with the clasp inwards
- If you think someone is following you - cross over and if necessary go into a public building such as a shop
- Don't walk and text or phone

- Avoid using headphones
- Walk facing traffic
- Carry your keys and personal alarm in your pocket - it avoids having to stop to look for them



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