

Emergency Housing:

The Housing Options Service can be contacted on **01382 432001** or you can call the Homelessness Advice Line: **0800 633 5843**

The Housing Options Service can:

- Provide safe secure temporary accommodation
- Give advice about your housing options and rights
- Help contact Housing Associations and private landlords

The Integrated Substance Misuse Service

(ISMS) provides recovery orientated treatment for individuals experiencing serious problems with drugs and alcohol in Dundee. Direct access Clinics have been suspended, but other services are available along with support if there is issue with obtaining OST prescription due to Covid-19. **Phone: 01382 632542**

Cairn Centre (Hillcrest) - Provides needle exchange, naloxone provision and harm reduction services. The Cairn centre is still currently providing face to face support at their centre as an essential service.

Phone: 01382 200532

Address: 12 Rattray Street, DUNDEE, DD1 1NA

Covid-19 advice in 37 languages:

<https://www.doctorsoftheworld.org.uk/coronavirus-information/#>

Dundee Food Bank:

<https://dundee.foodbank.org.uk/>

Links to local community supports are available on:

www.dundeehealth.co.uk/content/coronavirus

Financial Advice:

Brooksbank Debt & Benefits Advice Service: Money advice workers are taking enquiries by email, phone and through Facebook Messenger. The service is staffed by female workers. Brooksbank Debt & Benefits Advice Service can refer people to food banks, help with Scottish Welfare Fund Applications, carry out benefit checks and help out forms by phone. Money Advice Workers can also give advice about challenging sanctions, deal with rent arrears and other debts. All advice is free, impartial and strictly confidential.

Phone: 01382 432450

Email: admin@brooksbankcentre.co.uk

Facebook: <https://m.facebook.com/pages/category/Community-Center/Brooksbank-Centre-240667122627746/>

Some specific financial support is available for women involved in commercial sexual exploitation that can be accessed through:

Vice Versa

Email: info@viceversadundee.org.uk

Phone: 07739 035 359

Mental Health and Wellbeing:

If someone is struggling with their mental health and wellbeing they can talk to their GP or NHS 24 (111). They could also phone one of the helplines below:

- Breathing Space: 0800 83 85 87
- Samaritans: 116 123
- Childline: 0800 1111

Suicide Help

App which can signpost people to useful information: www.suicidehelp.co.uk

SAMH

www.samh.org.uk/about-mental-health/suicide



Commercial Sexual Exploitation and COVID-19

Key Messages

www.dundeeprotects.co.uk

CSE and COVID-19:

KEY MESSAGES

This quick guidance applies to all victims or potential victims of commercial sexual exploitation. Any victims of CSE aged less than 18 years of age must be dealt with under multi-agency child protection procedures.

These increased risks are:

- Increase in coercive and violent behaviour from sex buyers
- More risky practices may occur e.g. an increase in women offering sex without protection etc as demand drops
- Women forced to enter and re-enter prostitution due to poverty caused by the impact of Covid-19.
- Women forced to make an unplanned exit from prostitution if demand drops due to fear of contracting the virus. If this happens, women reliant on income from prostitution may be at risk of poverty (fuel/food).
- Health of women compromised and they may be at increased risk of contracting and spreading the virus. Women may not be allowed by perpetrators to seek help if they have severe symptoms.
- Limited access to health and social services due to Covid-19 (for a variety of reasons). This could also lead to a rise in other diseases such as Hep C, HIV etc., increase in substance use and increase in mental health issues.

INDICATORS OF CSE

Signs for professionals to look out for

- **Money** - No access to their own money or being the main provider financially for a partner. Sex used as a method of payment for substances, food, clothing etc.
- **Accommodation** - Sofa surfing/unstable accommodation. Multiple female foreign nationals living at the same address. Men loitering outside a women's accommodation.
- **Trauma** - Evidence to suggest control or domination by a partner or pimp. Shows signs of physical or psychological abuse, looks malnourished or unkempt, anxious/agitated or appears withdrawn and neglected.
- **Lifestyle** - Sexual debris such as condoms and calling cards. Male callers' day and night only for a short time. Working long hours or having no or few days off. Limited amounts of clothing of which a large proportion is sexual.
- **Sexual Health** - There may be particular presentations in sexual and reproductive care with vaginal and urinary tract infections, STIs, pelvic pain and injury to the genitals.

What you can do to reduce immediate harm

- **Sexual Assault Referral network (SARN)** - Call **0300 365 2001**
Available to people 16 years old or over who have been raped or sexually assaulted within the last 7 days. The SARN offers the opportunity for forensic medical examination following a rape and/or sexual assault to people who do not wish to report the incident to the police at that time, but preserves evidence should they wish to in the future.
- **Safe lives DASH risk indicator checklist** is for domestic abuse, including LGBT relationships, as well as for 'honour'-based violence and family violence. For more information see www.safelives.org.uk. Where a practitioner has serious concerns about a client's situation they should complete the Risk indicator checklist with their client or refer to MIA to assist with this if required to do so. If 14 or more boxes have been ticked "yes" or there is significant cause for concern (may include repeat victim cases) make a referral to Multi-Agency Risk Assessment Conferencing (MARAC).
MARAC email – taysidemarac@scotland.pnn.police.uk
Multi-agency Independent Advocacy (MIA) contact information – **01382 596 100**
MARAC co-ordinator – **01382 596637**