

- If you need access to free condoms you can get them posted to you at <https://www.sexualhealthtayside.org/sexual-health-relationships/contraception/condoms/>
- Sexual Health services are delivering essential services only. If you need confidential sexual health care and advice you can contact Ninewells Sexual Health Clinic on: 01382 425542.
- Remember that some closures may have an impact on access to contraception – i.e. if you are due a replacement – so access to additional contraception (condoms) will be essential to keep you protected for the time being.
- Further information about Covid-19 is available at [www.nhsinform.scot](http://www.nhsinform.scot)

You can access a destitution fund for women through Vice Versa - contact Jenna:  
email: [Jenna.lawrence@wrasac.org.uk](mailto:Jenna.lawrence@wrasac.org.uk)  
phone: 07739 035 359



## Key Messages for Women about Covid-19

[www.dundeeprotects.co.uk](http://www.dundeeprotects.co.uk)



## Key Messages

- Selling sex at this time puts you and anyone you live with at a much higher risk of Covid-19.
- It is impossible for you to keep a safe distance no matter what sexual position is used.
- People with Covid-19 can have no symptoms and still be infectious so even if someone has no cough or temperature, they can still have the virus and pass it on to you and you can pass it on to them.
- Condoms do not protect against Covid-19, they will only prevent pregnancy and sexually transmitted infections.
- If you are able to stop or pause selling sex at this time you should.
- If you have no other source of income and need emergency access to food, clothing, funds or accommodation there are services available that can provide this.
- If you received a letter from Scotland's Chief Medical Officer due to a health condition then there is a freephone number to contact if you need assistance or support: 0300 123 1403 (Monday to Friday).
- If you do not have a letter but still require support or assistance (i.e. food provision, collecting prescriptions, shopping) but do not know where or who to contact – there is a phonenumber dedicated to signposting both professionals and the general public to the relevant agencies and providing up to date information: 01382 305757 (Monday to Friday 09.00 – 16.00).  
Or email: [dialop@dvva.scot](mailto:dialop@dvva.scot)
- In the Dundee area support is available for those involved in selling sex through Vice Versa (WRASAC): <https://www.wrasac.org.uk/> or contact 01382 201291.
- Information about services in the Dundee area is available at: <https://bit.ly/3e81um7>
- Everyone needs to be socially distancing at this time (keeping two metres away from others), handwashing for 20 seconds regularly and remembering to avoid touching your face.
- If you are going to have sex, washing before and after sex is essential. Wash your hands and sex toys with soap and warm water but try not to share sex toys during this time.