

# 16 Days of Activism against Gender Based Violence Public Event Programme

25th November - 10th December 2021



The 16 days of activism against gender- based violence is a global campaign set up in 1991 calling for the elimination of all forms of violence against women.

**The campaign takes place annually between 25th November - 10<sup>th</sup> December.**

Every year, the Dundee Violence Against Women Partnership (DVAWP) works closely together to deliver a number of awareness raising events as part of this campaign.

**All of our events are open to all members of the public  
and communities within Dundee  
no one is excluded – this is everyone’s issue!**

16 Days of Activism against Gender Based Violence

# #MarchWithUs

To reclaim the streets as a safe place for women at night

Date	Event title, description and facilitator	Booking details (location, time, contact)
25 Nov	<p><b>Reclaim the Night March – Launch Event</b></p> <p>Led by WRASAC with input from participants from other women’s organisations.</p> <p>Reclaim the Night March will begin at 18:15 – Meeting at City Square outside Caird Hall. We will then begin our walk around the route stopping at various areas of interest. The final stop will be Bonar Hall where there will be refreshments and information stalls as well as a chance to meet the organisers and ask any questions.</p> <p>WRASAC staff will be present at Bonar Hall from 3pm on the 25<sup>th</sup> for last minute crafts and a chance for everyone to get hyped! #LetsGetLoud! If you plan on attending the March alone this is a good opportunity to buddy up with others.</p>	

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# #CreateWithUs

## For the march and the vigil

- a range of creative workshops to make posters/banners and flood the **march route** with visible markers (pompoms/painted rocks etc)
- a range of creative workshops to make posters/banners/candle holders for **the vigil** and flood the city with light on the final day
- if you can't attend a workshop see toolkit for ideas you can do at home – see toolkit for **pompom bombing** details
- our schools will be involved in the craftivism and will decorate school gates to show their support during 16 days

Date	Event title, description and facilitator	Booking details (location, time, contact)
25 Nov	<p><b>Art History and Violence against Women</b> - International Day for the Elimination of Violence against Women – join us at DJCAD (online) to commemorate this important event through the lens of art history.</p> <p>Presented by In-GEAR at DJCAD, we are delighted to welcome two keynote speakers: <b>Dr Catherine McCormack, Art Historian and Lecturer at Sotheby's Institute of Art</b> (London), and the author of the much-anticipated new art history book <i>Women in the Picture</i> (Icon Books 2021); and <b>award-winning artist and Professor of Fine Art Sue Williams, University of Wales Trinity St David</b>, who will discuss her feminist art practice in the context of both physical and non-physical violence against women in contemporary society.</p> <p>Alongside our keynotes, DJCAD staff and students will discuss the subject through the lens of art history, from the paintings of Artemisia Gentileschi, Bernini, Rubens and Poussin, to the postmodern works of Kiki Smith, Nan Goldin, Kara Walker, Marina Abramovich and Margaret Harrison. Students will also present their creative responses to this important, and often hushed subject.</p>	<p><b>2-5pm</b></p> <p>Online Booking - <a href="https://www.eventbrite.co.uk/e/art-history-violence-against-women-tickets-154271645645">https://www.eventbrite.co.uk/e/art-history-violence-against-women-tickets-154271645645</a></p> <p>For further information please don't hesitate to contact Dr Helen Gorrill, hgorrill001@dundee.ac.uk</p>
1 Nov	<p><b>Errin Mathieson/WRASAC</b> – Placard Making at V&amp;A Western Studio. Placard making for the march including slogans and hashtags- open to the public for everyone.</p>	<p><b>11:00-13:00 &amp; 14:00-16:00 (Capacity 25 per session)</b> To book Visit <a href="https://www.vam.ac.uk/dundee/visit">https://www.vam.ac.uk/dundee/visit</a>.</p>

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<b>8 Nov</b>	<b>Eilidh Warnock/WRASAC – Plain White T-shirt workshop at V&amp;A Western Studio</b> - Decorate a plain white t-shirt with our hashtags/slogans ready for 25th November - Let's get our voice heard	<b>11:00 - 13:00 &amp; 14:00 -16:00 (capacity 25 per session) To book</b> <a href="https://www.vam.ac.uk/dundee/visit">https://www.vam.ac.uk/dundee/visit</a> .
<b>18 Nov</b>	<b>Youth Craftivism</b> – Run by the Hot Chocolate Trust at The Steeple, Nethergate. This is open to all young people aged 12–21-year-old.	<b>16:30-18:00</b> Open to all young people aged 12-21 years old
<b>18 Nov</b>	<b>Say It Loud in partnership with DCA</b> Run Banner making at DCA. In this workshop we will be banner making and creating loud, powerful messages	<b>17:30 -20:30 (Capacity 12)</b> To book call 01382 909900.
<b>23 Nov</b>	<b>WRASAC – Craftivism Mop Up Session at Scrap Antics</b> – If you missed a chance to attend any of our other workshops, come along to this one where you will have the chance to take part in a selection of Craftivism before our Reclaim the Night March	<b>16:00 -18:00 – (Capacity 25)</b> To book: <a href="https://www.eventbrite.co.uk/e/185663493507">https://www.eventbrite.co.uk/e/185663493507</a>
<b>24 Nov</b>	<b>Jo Craig in partnership with Dundee International Women's Centre</b> – Bag Making Workshop – This is linked to a final piece that Jo will be creating on the 9 <sup>th</sup> of December. Workshop includes all materials and resources. Well known and talented artist JO CRAIGS will help you express your creative ideas in an expressive art project. All women welcome.	<b>10:00 - 12:00 &amp; 13:00-15:00 (Capacity 10)</b> To Book: Book through reception@diwc.co.uk or phone 01382 462058
<b>27 Nov</b>	<b>Be Charlotte – Feminist Song writing workshop – Generator Projects 25/26 Mid Wynd Industrial Estate Dundee.</b> Come along and learn how to write feminist songs with the amazing local singer IAMBECARLOTTE	<b>17:00-18:00 (Capacity 20)</b> To book: <a href="https://www.eventbrite.co.uk/e/184825527127">https://www.eventbrite.co.uk/e/184825527127</a>
<b>30 Nov</b>	<b>Errin Mathieson/WRASAC – Mental Health and GBV</b> - Recognising signs of poor mental health, how to approach people sensitively about mental health, and how to reduce stigma surrounding it. Links to PTSD and GBV	<b>17:00-19:00 – (Capacity 20)</b> To Book: <a href="https://www.eventbrite.co.uk/e/183571446137">https://www.eventbrite.co.uk/e/183571446137</a>
<b>4 Dec</b>	<b>Hayley Whelan – Creative Art/GBV Talk at Generator Projects 25/26 Mid Wynd Industrial Estate Dundee.</b> Come along to see and hear creative artwork from Hayley Whelan surrounding the safety of women in our streets and Gender-Based Violence.	<b>15:30 - 18:30 Capacity (20)</b> To Book: <a href="https://www.eventbrite.co.uk/e/185971163757">https://www.eventbrite.co.uk/e/185971163757</a>
<b>6 Dec</b>	<b>Keys To A Safer Future/Unlock Our Fists (WRASAC)</b> - We have all carried keys in our fists out of fear and intimidation. Let's end this fear and come together to reclaim our rights to walk alone. Write a message on a tag and tie it with a key to the waterfront fencing with us! Keys will be provided.	<b>18:00 – 20:00 V&amp;A Waterfront</b> <a href="https://www.eventbrite.co.uk/e/192236503557">https://www.eventbrite.co.uk/e/192236503557</a>
<b>9 Dec</b>	<b>Jo Craig (fine artist) Outdoor Art at Baxter Park</b> – Come and create a spectacular outdoor art piece made with glow in the dark paint - silhouette of woman. You will be invited back to see this poignant piece illuminated after dark.	<b>12:00-15:00 Light up 18:00 – (Capacity 20)</b> To Book: <a href="https://www.eventbrite.co.uk/e/184852537917">https://www.eventbrite.co.uk/e/184852537917</a>

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# #LightUpWithUs

We want to light up Dundee in honour of everyone who has suffered the effects of gender -based violence and raise awareness of the issue. This issue touches the lives of so many and we want to shine a light and get loud and we need your help.

Date	Event title, description and facilitator	Booking details (location, time, contact)
10 Dec	<b>Light your candle/shine your torch/display your poster at 6.30 pm on 10th December. Share this on social media with the hashtags #whatwillyou do and #lightupwithus</b>	Your own home/community/workplace
10 Dec	<b>See us light up the city centre – we will be turning some Dundee landmarks orange, purple and green to raise awareness of gender- based violence. Come along and see, take photos and share to social media with the hashtags #whatwillyou do and #lightupwithus</b>	Dundee City Centre 6.30pm



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# #DanceWithUs

to celebrate progress, raise awareness and pledge to make change happen:

- How to register to be part of the dance event (limited spaces due to COVID restrictions)
- How to learn the routine for the dance event
- Learn the routine and film yourself/your group of friends/family/colleagues performing and post to social media using hashtags #whatwillyou do and #dancewithus

Date	Event title, description and facilitator	Booking details (location, time, contact)
10 Dec	<p>To coincide with the light up of the city we will be performing a dance event outside the V&amp;A – come and dance with us or cheer us on!</p> <p>Hear from ‘Oor Fierce Girls’ about why we are doing this.</p> <p>The routine is in 2 parts – the first is being choreographed by young people in our schools and will be performed by the young people. <b>Shine your phone torch while they dance to light them up.</b></p> <p>The second part is being choreographed to ensure it is as accessible as possible for people with all levels of mobility and we will have BSL interpreters and dancers performing with us. More details will be on the Eventbrite page.</p> <p>If you can’t be there on the night or places have sold out you can learn the routine and film yourself/your group of friends/family/your work colleagues performing and post to social media using hashtags #whatwillyou do and #dancewithus</p>	<p>Gather at 6pm and perform at 6.30pm</p> <p>To register a place see link - <a href="https://www.eventbrite.co.uk/e/dancewithus-for16-days-of-action-tickets-190425597087">https://www.eventbrite.co.uk/e/dancewithus-for16-days-of-action-tickets-190425597087</a></p> <p>Video choreography link - <a href="https://youtu.be/p8-C7VBHVRo">https://youtu.be/p8-C7VBHVRo</a></p>

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# TOOLKITS for Communities/Public

## Reclaim the Night creative workshops or activities at home

### SUGGESTED Skill levels

- 1** = Quick and easy (accessible to all ages) **2** = Mild skill requirement (Parental guidance).  
**3** = Focused skill (Assisted Tutorials) **4** = Adult Skill (Possibly not suitable for children under 12)

### Yarn Bombing Pompoms (Level 1)

WRASAC are working with Reclaim the streets Dundee to help identify areas across Dundee where women don't feel safe to walk alone. We plan to pom-pom bomb these areas to reclaim them and make women feel safe again. We have reached out to multiple organisations and created workshops across Dundee who will be helping make these woollen pom-poms.

If you are making them at home the pom-poms need to be collected by Wednesday 1/12 for take-over on Friday 3/12. We will be posting a How-To Video on our Tik Tok account for everyone to get involved. If you can't attend a workshop, home craft packs can be picked up at Arthurstone Community Library from the 8<sup>th</sup> of November. Make as many pom poms as you can and drop these back off at Arthurstone Community Library, alternatively you can email [megan.gellatly@wrasac.org.uk](mailto:megan.gellatly@wrasac.org.uk) / [amy.black@wrasac.org.uk](mailto:amy.black@wrasac.org.uk) to organise possible collection.

**Simple online instructions** – [DIY cardboard pom pom maker - The Craft Train](#)

Material list:

- Donated yarn
- Card/Cardboard



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- Scissors

1. Trace out a circle on a piece of cardboard. The size of your circle will be the size of your pompom.
2. Cut this out
3. Draw a smaller circle within the circle and cut this out.
4. Make a small “v” where you cut out the little circle to make the yarn easier to pull through.
5. Repeat steps 1-4 to make the second circle
6. Hold the two circles together and wrap the yarn through the notch and around evenly around the sides of the circle
7. Wrap the yarn until the circle in the middle is filled in
8. Use a pair of scissors to cut the yarn between the two circles all the way around
9. Cut a length of yarn and tie a tight knot around the middle of the pom-pom. Bring the yarn around the other side and tie another, the tighter the better!
10. Trim the pom pom to make it round and even. Making a pom pom has never been so easy.

## Let's get loud" Megaphones (Level 1)

### Material list:

- Paper and card (One large square and one smaller rectangle for body and handle)
- Glue or Sellotape
- Scissors
- Drawing materials

1. Choose a large, square piece of construction paper or poster board in your favourite colour to create your megaphone. Lightly draw a fan shape on your paper.
2. Cut out the fan shape with scissors.
3. Lightly mark where you'd like your message to go on your megaphone. Write or draw your message!
4. Roll your megaphone into a cone shape to put it together. Use hot glue, sturdy tape, or a stapler to secure the overlapping side of your megaphone.
5. Take a small strip of card stock paper and fold the edges in. Glue or tape these edges to create a handle for your megaphone.
6. Speak your truth! Tell the world what you care most about through your megaphone





## Drop A Rock – (Level 1)

### Materials list:

- Rocks/Pebbles
- Acrylic paint
- Paint brush
- Markers

1. Pick smooth, flat rocks. You can decorate any rock, but it's harder to decorate ones with ridges. If you can't find them in nature, the craft stores sell them as do home improvement centres.
2. Wash the rocks before decorating them. You want to remove dirt so that it doesn't mess your design. You can wash several at once with dish soap and leave in a colander to drain and dry.
3. Paint your design on top and use several coats . . . let dry between layers.
4. Use small brushes to make small details and/or dots.
5. Use Sharpies to write on your rocks. Just make sure to let it fully dry before any writing.



## Fabric Pins – (Level 4)

### Material list:

- Felted fabric (can be sourced from the uni art shop - bag of scrap pieces £2-3)
  - Safety pins (amazon-packet of 100 £3.99)
  - Thread (amazon-packet 12 diff colours £2.50)
  - Needle
  - Super glue or glue gun
  - tracing paper
  - Scissors
1. To embroider on felt, mark the pattern with a tracing paper. Be sure to arrange the embroidery so that there is ample space around the design for trimming the patch.
  2. Embroider the pattern however you like. Satin stitching looks great on small patches, but you can also stick to all outlines.
  3. When the embroidery is done, remove the markings by carefully tear away the paper.
  4. Finish the patch by cutting around the embroidery. You can loosely follow the shape of the stitching or cut out a regular shape, such as a circle or hexagon.
  5. When the patch is done attach a safety pin at the back of the patch using super glue or a glue gun.



# Light Up/Vigil creative workshops or activities at home

## Vigil Candle Jars - (Level 2)

### Material list:

- Donated recycled jars
- Tealight candles (fake) (amazon 50 pack £12.99)
- Various decorating accessories
- Acrylic Paints
- Brushes
- Paper shape stencils
- Rubbing alcohol and paper towel

1. Start by cleaning the glass jars. Wash them thoroughly and remove all of the labels and any glue that remains.
2. Wipe the outsides of the jars with rubbing alcohol to prepare them for the paint.
3. Begin painting the jars with any designs you like.
4. Add more details to fill in the design.
5. Another option is to paint the whole jar and use paper stencils to create little "windows" on the jar.
6. For the paper stencils get a sheet of paper and draw any shape you want (heart, circle, flower etc).
7. Then using some scissors cut the shape drawn on the paper.
8. Before painting the jar, place the stencil on the jar and start painting on top of the stencil.
9. When the whole jar is painted, carefully remove the stencil.



10. After all the paint is dry, place a battery-operated candle inside the jar. Because some recycled jars have a domed base, you can add some pretty sand or other filler to help level the bottom.

<https://www.handmadecharlotte.com/painted-holiday-candle-jars/>

## Slogan Posters (Level 1)

Material list:

- Various sizes of paper, strong card, coloured paper, cardboard
- Paints
- Pens and pencils
- Scissors
- Glue
- (Optional glitters, accessories stickers etc)

1. Gather selection of papers and paints
2. Think of a slogan to put on your poster
3. Slogan examples: Solidarity not Sympathy- Let's get Loud- Everybody's issue - #16daysofactivism- I walk with her- Reclaim the night- Reclaim the streets



## Solidarity Bunting – (Level 3)

Material list:

- Fabric cut into triangles
- Ribbon
- Needle and thread (alternatively draw on letters)
- Scissors
- glue

1. Draw a triangle on some cardboard and cut it out to use as a bunting template. You may prefer longer, narrower triangles, or shorter, wider ones. The choice is up to you!



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2. Pin the template to your fabric and cut around it using scissors. Repeat until you have enough flags for your desired bunting length.
3. Evenly space the flags along the ribbon, folding the shortest edge over, and pin in place securely ready to sew.
4. Sew on the flags with a straight stitch, leaving at least 40cm of ribbon free from flags at each end for hanging your bunting proudly on display.

## Bracelets – (Level 2)

### Material list:

- Beads
- String or colourful threads or stretchy cord
- Scissors

\*Amazon packet that has everything in £20.99

1. Gather your supplies and decide on the words and phrases you want to use for each bracelet.
2. Cut your bead string to the size you need. Now, because you are using stretchy bead string (we used a .5mm string) you have a bit of wiggle room. They can stretch a lot so don't worry about the size too much. Make sure you cut enough string to also tie your knot at the end.
3. Tape down one end of your bead string. This really helps to make it easier for kids to string their beads, especially younger kids.
4. Let your kids make their bracelets and have fun! They can do a colour pattern or just use random bead colours, it doesn't matter.
5. Once your kids are done making their bracelets you need to tie a knot. You want to tie 3-4 knots to secure each bracelet, pulling on your string snugly after each knot. Trim the ends, I like to leave just a bit of string at the end.



<https://www.projectswithkids.com/beaded-friendship-bracelets-kids/>